

Wilderness Outreach Gear and
Final Checklist

	Drivers License
	Credit Card
	Cash for 2-4 days of food and whatever
	Plane ticket
	Vitamins
	Holy Readings/ Large zip lock bag/ Liturgy of the Hours
	<i>1 Good Pants</i> <u><i>For after leaving the wilderness</i></u>
	<i>1 or 2 Good shirt</i>
	<i>1 or 2 Good Underwear</i>
	<i>Deodorant</i>
	<i>Razor</i>
	<i>Towel and Washcloth</i>
	<i>Soap</i>
	Backpack (multiday)
	Day pack 9 (optional)
	Hydration pack 2 liters or more
	32 oz Nalgene
	Headlamp
	14 chemical hand warmers (if cold weather)
	Bic lighter
	Fire Starter
	Watch
	Multi tool or swiss army knife packed in backpack <i>not carry on</i>
	Safety Glasses
	Work Gloves
	Dental Floss
	Tooth Brush
	Tooth paste (small travel size)
	Sleeping Bag 20 degree
	Sleeping Pad
	Tent
	Work Jeans 1or use hiking pants

Work Shirts 1
Hiking Pants convertible non cotton
Underwear non cotton 2
Hiking Socks HD non cotton 2
Hiking Socks liners non cotton 2
Camp shoes light weight and optional
Stoves (maybe by USFS)
Rain Gear
Hiking boots all leather uppers high tops
Long underwear top non cotton
Long underwear bottom non cotton
Sock Hat
Fleece sweater
Sunglasses
Tupperware for plate, bowl sandwiches etc
Spoon, Fork plastic and durable
Camera, optional
Bandana
Lightweight towel
Sunscreen
Bug repellent 8 oz
Chapstick
Hand cleaner
1 Large Garbage Bag
Warm gloves non cotton optional
Clip fingernails and toenails short just before leaving
Shave ankles and tops of feet for blister taping just before leaving
Maps?
Compass?
Water Filters ?
Transportation in?
Transportation out ?