

WILDERNESS OUTREACH

Challenging priests seminarians and laymen to embrace and develop their God given manhood
WORSHIP WORK ASCETICISM LEADERSHIP BROTHERHOOD

What happens on a Wilderness Outreach Expedition?

- **Planned Actions:**
 - 7 full days, boots on the ground, in the wilderness.
 - Worship, Work, Asceticism, Leadership and Brotherhood
 - Backpack in 5-15 miles, Set up basecamp
 - Build the Altar of Sacrifice
 - Celebrate daily Mass
 - Pray the Liturgy of the Hours, The Angelus, The Prayer to St. Michael, silence and solitude.
 - Build and clear hiking trails with hand tools
 - Each man prepares and leads a nightly discussion around the campfire on topics of:
 - The Theology of Masculine Spirituality
 - Selected books and articles

- **Outcomes:**
 - Human masculine formation.
 - Forging of authentic masculine fraternity.
 - Strengths and weaknesses exposed.
 - The test of leadership and followership.
 - Hitting the wall. Catching the second wind.
 - Realizing that men are made for adventure, battle and the search for truth.
 - Understanding the external and internal battlefields.
 - Learning the art of fraternal correction
 - Men renewed and strengthened.

- **Daily Schedule**
 - 5:00 am Rise
 - 5:30 am Morning Prayer
 - 6:00 am The Angelus, Blessing and Breakfast
 - 7:00 am Hike to Work and Work.
 - 10:00 am Prayer for Masculine Integrity, break
 - 12:00 noon The Angelus, Blessing and lunch
 - 2:00 pm Prayer for Masculine Integrity, break
 - 3:00 pm conclude work. Hike back to basecamp
 - 4:30 pm Silence and Solitude
 - 5:00 pm Celebration of the Mass
 - 5:30 pm Angelus, Blessing, Dinner
 - 7:00 pm Evening Prayer
 - 7:15 pm to 9:00 pm Evening Discussion
 - 9:00 pm to 9:30 pm Night Prayer / Salve Regina / Retire